

# STUDENT ATHLETIC PHYSICAL EXAMINATION

Name: \_\_\_\_\_ School: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_-\_\_\_\_-\_\_\_\_ Sex: M/F Sport: \_\_\_\_\_ Date: \_\_\_\_-\_\_\_\_

Height: \_\_\_\_\_ Weight \_\_\_\_\_ Family Physician: \_\_\_\_\_ Date of Last Physical \_\_\_\_\_

List all medications you are currently taking: \_\_\_\_\_

List foods/drinks you are allergic to: \_\_\_\_\_ List medications you are allergic to: \_\_\_\_\_

***Medical History***

- |  |          |
|--|----------|
| 1. Have you ever had a concussion?   | Yes / No |
| 2. Have you ever been knocked out?   | Yes / No |
| 3. Have you ever injured your neck?  | Yes / No |
| 4. Have you ever had an allergic reaction to an insect bite?                             | Yes / No |
| 5. Has your guardian or a physician ever told you that you have a heart murmur?          | Yes / No |
| 6. Do you experience frequent chest pains?   | Yes / No |
| 7. Have you fainted in the last 2 years?   | Yes / No |
| 8. Do either of your parents have/had heart disease?                                     | Yes / No |
| 9. Has a physician or guardian told you that you have asthma?                            | Yes / No |
| 10. Has a physician told you are a hemophiliac?  | Yes / No |
| 11. Have you been hospitalized for any reason in the last year?<br>(give details): _____ | Yes / No |
| 12. Has your guardian or physician told you have epilepsy?                               | Yes / No |
| 13. Has your guardian or physician told you that you had a hernia?                       | Yes / No |
| 14. Do you have both of your kidneys?  | Yes / No |
| 15. Have you had your spleen removed?  | Yes / No |

*(to be completed by a physician)*

Orthopaedic/Neurological	Heart/Lungs  Blood Pressure: Resting HR:                      bpm
Abdomen	Eyes, Ears, Nose, Throat

Physician's Recommendations: \_\_\_\_\_  
 \_\_\_\_\_

Above athlete **MAY/MAY NOT** participate in athletics:  
 \_\_\_\_\_ Date \_\_\_\_\_

(physician's signature)